



# WHAT IS DEMENTIA SUPPORT COMPLETE?

We are a comprehensive program designed to support patients and their families on their journey after receiving a dementia diagnosis.



## OUR CARE TEAM

**LIZ REEVES**  
CARE  
COORDINATION  
MANAGER

**HEATHER RUTZ**  
CARE  
COORDINATOR

**KRISTIN COOLEY**  
PURPOSEFUL  
PLANNING PROGRAM

**KRISTEN SIGWARD**  
HEALTHY BRAINS  
TRAINER

**AMBER WHITLATCH**  
NURSE  
PRACTITIONER

**TIMOTHY SIGWARD**  
NEUROPSYCHOLOGIST

## Contact Us:

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# DEMENTIA SUPPORT COMPLETE HEALTHY BRAINS PROGRAM





## CAREGIVER SUPPORT

We recognize the well-being of the caregiver is an important factor in supporting individuals diagnosed with dementia. One of the primary objectives of this program is to provide caregivers with the support they need to maintain their own health and wellness. We provide ongoing emotional support and education about dementia and common behavioral changes. We are also available to assist in connecting with outside resources and experienced counselors when necessary.

## AT A GLANCE

- Schedule an appointment with one of our Nurse Practitioners to enroll or ask your primary care physician for a referral to our program
- A custom care plan will be developed with you, a Nurse Practitioner, and your Care Coordinator
- Monthly scheduled follow-up calls with your Care Coordinator
- 24/7 access to your care team for questions or other emergent needs
- Priority access to dementia specialists
- Covered by most insurance plans



## CUSTOM CARE PLANS

Working with the patient and their family, we develop an individualized care plan designed to assist patients in maintaining their independence and functional status for as long as possible. A Care Coordinator assigned to the patient will facilitate the plan through regular monthly communication and as-needed follow-ups. The Care Coordinator will routinely update the care plan to address any new concerns.

The goals of the care plan are:

- *To maintain safety*
- *Enhance the patient's mood and psychological functioning*
- *Address behavioral difficulties*
- *Provide ongoing caregiver support*
- *Optimize overall functioning and independence*

